

# Blue Ink



Garretson Weekly School Newspaper - Garretson, SD - Volume 3, Number 27

## This Week's Need to Know

**FACT OF THE WEEK:** Bromhidrosiphobia is the fear of your own body odor. The average sufferer is a 25 year old male.

**BRAIN TEASER OF THE WEEK:**

What does this rebus puzzle really say?



Look closely.

Answer on back page

**JOKE OF THE WEEK:** Why is the letter A like a flower?

Answer on back page

**UPCOMING EVENTS:**

**Saturday, March 12**

- Absentee voting at the school (9:00-1:00)

**Sunday, March 13**

- Daylight Savings Starts—Set clocks ahead one hour

**Monday, March 14**

- BEC Honor Band @ MCM  
- School Board Meeting (5:45)  
- Absentee voting at the school (7:00-9:00)

**Tuesday, March 15**

- Opt Out Information Session in the New Gym (7:30)

**Wednesday, March 16**

- FFA Contest at Flandreau

**Thursday, March 17**

- End of the 3rd Quarter  
- PTO Roller skating party at Skate City (6:30-8:30)

**Friday, March 18**

- Spring Break—No School

## Summit League Tournament Comes to the Falls

By Micaiah Lee mader

This past weekend teams from across the Midwest and beyond began rolling into Sioux Falls for the highly anticipated Summit League Tournament. Not only did the teams arrive, but a sense of excitement and a buzz followed the teams into town as the tournament was staged to be the most attended Summit League Tournament in its history.

Tournament play kicked off Saturday the 5th with a 6:00 game featuring the #1 ranked IPFW Mastodons out of Fort Wayne, Indiana, and the 8th ranked Coyotes of USD. The 'Dons made quick work of the Coyotes and advanced to the semis by a score of 86-70.

Saturday's late night special spotlighted everyone's favorite Jackrabbits and the lesser known Oral Roberts University based in Tulsa, Oklahoma. Despite being ranked #7 and playing the #2 seed, Oral Roberts went toe to toe with South Dakota's best for two halves. In the final seconds of regulation, South Dakota State hit big shots to pull off a 73-70 nail-biter.

Sunday's early game displayed two evenly matched teams, #4 ranked IUPUI out of Indianapolis, Indiana and the NDSU Bison out of Fargo. The reigning Summit League champions grabbed an early lead and won comfortably by a score of 60-45, placing them in a semifinal matchup against IPFW.

Sunday's night cap was slated for a showdown between the Denver Pioneers and the Omaha Mavericks. #6 ranked Denver boasted an incredibly young but talented starting lineup featuring three freshmen. Freshmen Joe Rosga of

Denver scorched the nets for 25 points and gave his team the edge they needed to knock off the #3 ranked Mavericks.

The semifinals would prove to garner two thrilling one-point games. The tournament favorite IPFW Mastodons took on NDSU in game one of the semis. Both teams played tit for tat for the entirety of the game, but as they say experience wins in big games, and NDSU had all the tournament experience. The Bison held on to a one point lead to move onto the championship game.

Game two in the semifinal round proved to be just as entertaining, if not more entertaining. SDSU and Denver had already met twice in the regular season, both resulting in convincing wins by the Jacks. Late in the second half, the Pioneers led by as many as 12. The Jacks cut the lead down and eventually tied the ballgame up with just seconds in regulation left to play.

A Denver foul sent Jake Bittle of SDSU to the foul line where he connected on the back end of a two shot sequence to give SDSU a slim one point lead. With 3.0 seconds left on the clock, Joe Rosga received the inbound pass and was fouled on a controversial call that sent him to the free throw-line with just under a second left on the clock. He missed the front end of a one-and-one and the ball game ended in heart-breaking fashion by a score 54-53 in favor of the Jackrabbits.



Scan for the full upcoming event schedule

## Senior Projects, Advice for Juniors

By Annika Hanson

Senior project practice days are in process at the moment, the final day for those is on Monday. Seniors have been buckling down with their work and gathering up their portfolio for the final day, presentation day: March 23.

The senior project is an activity that Garretson assigns seniors. The project entails that the students must learn something new that will challenge them in a way that they are not used to. Some of the different projects the seniors are doing this year include learning how to play the cello, landscaping, sewing, and becoming a fire

fighter.

Evan Fick, a senior at Garretson high school, learned how to fix bicycles. He learned this skill at Center Hope where he sold bikes at significantly reduced rates to people who lost their drivers license. After being well versed in how senior project works, he wanted to give advice to the juniors. He stated, "To make it easier on you, you should present earlier to save yourself a lot of trouble."

He also recommended picking something like community service because it looks good on applications.

Senior Alex Andersen laughed and said that he wished he would have presented earlier, he commented, "It would be helpful to start earlier and pick something you enjoy doing."

Andersen's senior project was learning how to cook an authentic Italian meal. He has been cooking things like spaghetti and meatballs, homemade Italian bread, and even tiramisu, yum!

In conclusion, senior projects are a way to get seniors out of their comfort zones and prepare them for the real world. So make sure you do not procrastinate future seniors!



## Saving Some Sunlight

By Alex Uhl

It's that time of year again, and no I don't mean Christmas! Daylight savings is an evident part of our life yet it only really affects us twice a year. Where did it come from? Why do we use it? Will we ever abolish it? These questions will hopefully be answered soon, maybe even by this article!

The history of daylight savings time starts with Benjamin Franklin, though he only alludes to it and does not directly mention it in a letter to several of his cohorts. He did not actually come up with it, he just said that it would be smarter to wake up less early in the winter because of the lack of sunlight.

The first person who actually thought of daylight savings time was an entomologist named George V. Hudson. He came up with it simply because he wanted more after hours time to collect bugs and spiders for his collection, but it did not

see widespread adoption until World War I.

The German Empire and the Austria-Hungarian Empire decided to adopt daylight savings not because they needed to collect bugs, but because they wanted more daylight time to continue carving a warpath into France and Russia. After the war ended, many other western countries soon followed. However, after many years many countries decided to abolish it simply because it was too much of a hassle.

Then, during the energy crisis of the 1970s, many employers pushed for daylight savings simply so that people could not only work longer but also save electricity because indoor lights wouldn't be on as often, and the rest is history!

So what do the students of Garretson High School think of daylight savings? Sophomore Pey-



ton Sage said, "I only like it when I get the extra hour of sleep, not when I lose an hour."

Junior Moriah Flanagan also agreed, "I like the adjustment so I can be more productive with more sunlight, but I also don't like losing sleep when springing forward."

Meanwhile, Junior Breana Genzlinger gave her two cents, "I think daylight savings is a magnificent invention for giving us the power to change time twice a year."

While we've had daylight savings for what seems to be a long time, we've abolished it before and probably will again once we have no use for it anymore. But until Congress decides to get onto that bandwagon, we're stuck with moving our clocks forward this weekend.

Despite this, summer is around the corner and we won't have to worry about daylight savings for awhile until winter time comes back.



## Five Things You Most Definitely Should Stop Eating

By Alyssa Bunde

Eating, something we all enjoy to do and, in fact, do quite frequently. But is what we're putting in our bodies good for us? Do we care? Well in case you might, here are some of the things that you should stop scooping or shoveling into your mouth.

**PROCESSED MEAT:** So what is categorized as processed meat? Well, it's any meat that has been preserved by smoking, curing, salting or adding chemical preservatives. Sorry bacon lovers but your favorite snack and many others like it have been linked to higher risk of heart disease, diabetes and high blood pressure. Many of these risks come from the high sodium and preservatives added to the meat.

Junior Brendan Harris commented, "I really like bacon, so I'm probably not going to stop eating it. I don't care if it's bad for me. Half the stuff on this list is what I eat with every meal."

**Solution:** Cook your own meat that you can buy from a deli or store. Then make extra so you have some to heat up for later in the week.

**FROZEN MEALS:** These are the epitome of "I'm too lazy to cook" or "I have no idea of cook...how does one even turn on the stove?" Alas, like most easy ways out, there are side effects. These cheap meals contain huge amounts of sodium, which tends to result in high blood pressure. Fat and lack of sufficient fibers you would normally get from a home cooked meal is another disadvantage.

**Solution:** Learn how to cook folks or look closely at the labels to try to avoid the higher sodium and processed meals.

**DOUGHNUTS:** According to *Men's Fitness* doughnuts are high in calories, fats, carbs and preservatives. They can cause rapid weight gain and poor digestive functions. So in reality doughnuts are a do not.

**Solution:** Try swapping them for a bagel with cream cheese. This isn't necessarily amazingly healthy either but if you're eating this for breakfast, carbs are okay as they give you energy for your day!

**SUGARY CEREALS:** Lucky Charms may be magically delicious but they could also be the cause of your breakouts and inflammation of your stomach lining, which would cause bloating. Luckily there is a magnitude of cereals so the chances of you finding an equally delicious cereal is quite high.

**Solution:** There are many cereals that are still healthy for you that are enjoyable such as: Quakers Life, Honey Nut Cheerios, Wheaties, Cascadians Farms cereal brands and many more.

**MICROWAVE POPCORN:** Raise your hand if you know what perfluorooctanoic acid is...no one? That's okay neither did I. But that's the chemical microwaveable popcorn bags are lined with when heated. This acid, according to the American Cancer Society can

stay in the environment and our bodies for a long duration of time and has been linked to increase risk of certain cancers and developmental irregularities. Another issue comes from the butter flavoring, which has been known to cause respiratory problems. Lastly, keep in mind 85 percent of corn grown in the U.S is genetically modified. This means it likely has been grown using toxic pesticides.

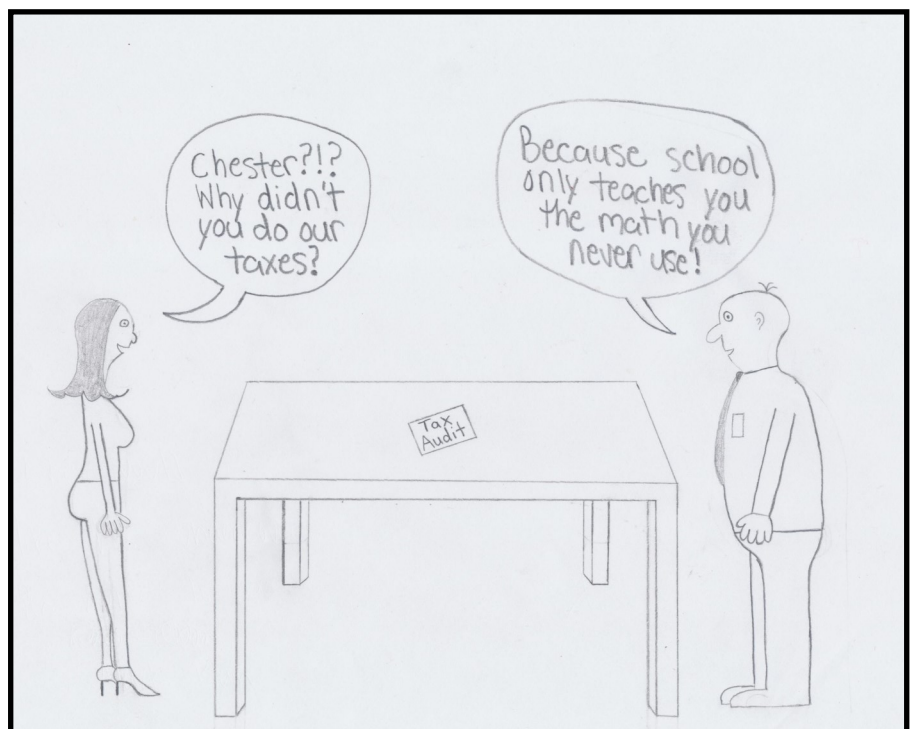
Senior Annika Hanson stated, "I did not know there were toxins on corn stalks and I will definitely think twice about my next bowl of popcorn."

**Solution.**

Popcorn that you pop in an air popper is still a go! That or popcorn produced in a popcorn machine is fairly safe as well.

So whether you're health conscious or not it's important to know what we're taking into our bodies and prevent anything harmful if you can. So read the labels, watch out for these listed above and happy eating!

### Student Editorial—Cartoon





## Summit League Tournament Comes to the Falls

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The championship game took place Tuesday night at 8:00 in front of a record breaking 10,188 fans who packed the Denny Sanford Premier Center, giving the arena an electric atmosphere. Along with breaking a championship game record, the Summit League Tournament also broke its overall attendance record. The tournament reeled in 65,533 fans, breaking its previous record of 60,007.

The game started out at a slow con-

trolled pace as the Bison maintained tempo and kept the high powered SDSU offense in check. At halftime, the score favored the Jacks by only one point.

In the second half, both teams went shot for shot until finally SDSU pulled away late in the game and held on to win 67-59. The Jackrabbits captured the Summit League Championship and in doing so punched themselves a ticket to go dancing in the NCAA Tourna-

ment.

SDSU still awaits their first round opponent in the NCAA Tournament, and will host a Selection Sunday viewing party this Sunday at Cubby's Bar & Grill in Brookings.



## Senior Spotlight



**NAME:** Micah Mader

**SENIOR PROJECT:** Parent University

**ACTIVITIES INVOLVED IN:** Baseball, Golf, Basketball, and Choir

**WHO/WHAT WILL YOU MISS MOST:**

Sean answering "alliteration" for every question and being a member of the infamous "Black Reindeer"

**PLANS FOR NEXT YEAR:** Attend either DWU or Augustana for an undecided major playing either golf, baseball, or both.

## Scholarship Corner

- **Alliance Communications Scholarship (\$1,000)** - Must be Alliance Communications customer and be a full-time student in the fall of 2016. Due March 11, 2016.

- **Better Business Bureau Student of Integrity Scholarship (\$2,000)** - Three scholarships available for South Dakota residents. Scholarship available on bbbinc.org. Due March 11, 2016.

- **South Dakota Firefighter Scholarship (\$1000)** - Must be son or daughter of a member of an SDFD. Due March 15, 2016

- **Sioux Falls Area Community Foundation Scholarships (\$ varies)** - Multiple scholarships available. Due March 15, 2016

- **Build Dakota Scholarship (\$ varies)** - Planning to attend one of four technical schools in South Dakota. Due March 15, 2016

- **Citi Youth Leadership Awards (\$1000)** - Six \$1000 awards are available. Must have contributed at least 100 hours of service during the past 12 months. Service can include through community/religious organizations and/or school/community based service-learning projects. Due March 18, 2016

- **South Dakota Society Daughters of the American Revolution Scholarship (\$500)** - Must be a direct descendant of a US military veteran. Due March 25, 2016

- **Janice M Scott Memorial Fund Scholarship (\$\$\$)** - Must have at least a 3.0 GPA, be attending an accredited 4-year university, demonstrated leadership in community, and school, and meets economic qualifications. Due March 31, 2016

- **Home Builders Association Scholarship (\$1000)** - Multiple scholarships available. Pursuing a Home Building Industry related field of study. Due April 4, 2016

- **American Legion Auxiliary Scholarship (\$300)** - Two scholarships available. Must be a child or grandchild of Auxiliary or Legion member of Henry G. Fix Unit or Post. Due April 7, 2016

- **Split Rock Clinic Association Medical Scholarship (up to \$1000)** - Possible for multiple scholarships. Pursuing a medical field degree (doctor, nurse, physical therapist, chiropractor, etc). Due April 15, 2016

- **LG Everist Inc Scholarship (\$2000)** - Pursuing a mechanical or technical field related field of study. Preference to students who show interest in mining, railroading, or mechanical work. Due April 30, 2016

Please check your email for links to these scholarships.

